


BEACON HILLS MIDDLE SCHOOL MENU SY 24/25

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Students that require special diet accommodations must have documentation signed by a medical provider on file with the School Nutrition Department in order for the nutrition department to support them properly. Please access the nutrition section of the CSD website for the proper paperwork. *Please do not self-select menu items for students that need special consideration without speaking with Monique Breedlove, Nutrition Director, at mbreedlove@csdecatur.net

| | MENU 1 MONDAY | TUESDAY | WEDNESDAY | BRUNCH THURSDAY | FRIDAY |
|--|--|---|--|--|---|
|  <p>WEEK OF:</p> <p>Jan 20 - 24 Feb 10-14 Mar 3-7 Mar 24-28 April 14-18 May 5-9 May 26-30</p> <p>Early Release Days are January 22nd, February 26th, March 26th, and April 30th Choice of Turkey Sub W/ Lettuce & Tomato PB&J with Veggies and fruit selection</p> | <p>ENTREE:</p> <p>POPCORN CHICKEN MASH POTATO BOWL W/ CORN GRAVY & CORNBREAD</p> <p>ZESTY CHEESE BITES W/ MARINARA (V)</p> <p>DELI SELECTION SALAD BAR</p> <p>PB&J W/ CHEESE STICK (V)</p> <p>CRUNCHER BOX (PB)</p> <p>SIDES:</p> <p>SAVORY REDSKIN MASHED POTATOES (V)</p> <p>CARROT CRUNCHERS (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> | <p>ENTREE:</p> <p>NACHOS GRANDE W/ CHICKEN (GF)</p> <p>CHEESE NACHOS GRANDE (V) (GF)</p> <p>BEAN & CHEESE BURRITO (V)</p> <p>DELI SELECTION ASSORTED SANDWICH BAR</p> <p>PROTEIN BENTO BOX</p> <p>SIDES:</p> <p>CHARRO BEANS (PB)</p> <p>CHOPPED ROMAINE & TOMATO CUPS (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> | <p>ENTREE:</p> <p>BEEF SLIDERS</p> <p>ASSORTED PIZZA (VEGETARIAN OPTION WHEN AVAILABLE)</p> <p>DELI SELECTION SALAD BAR</p> <p>PB&J W/ CHEESE STICK (V)</p> <p>CRUNCHER BOX (PB)</p> <p>SIDES:</p> <p>ROASTED CARROTS (PB)</p> <p>SIDE GARDEN SALAD (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> | <p>ENTREE:</p> <p>CHICKEN & WAFFLE</p> <p>CHEESE QUESADILLA (V)</p> <p>DELI SELECTION ASSORTED SANDWICH BAR</p> <p>PROTEIN BENTO BOX</p> <p>SIDES:</p> <p>GARLIC ROASTED BROCCOLI (V)</p> <p>CARROT CRUNCHERS (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> | <p>ENTREE:</p> <p>HOT HONEY CHICKEN SANDWICH</p> <p>ASSORTED PIZZA (VEGETARIAN OPTION WHEN AVAILABLE)</p> <p>DELI SELECTION SALAD BAR</p> <p>PB&J W/ CHEESE STICK (V)</p> <p>CRUNCHER BOX (PB)</p> <p>SIDES:</p> <p>SEASONED GREEN BEANS (PB)</p> <p>CELERY CUPS (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> |

V- Vegetarian PB- Plant Based GF-Gluten Free


Each student may select 1 fruit, up to 2 vegetables, & a milk to receive a complete meal. **All students may decline any of the items offered including the milk.

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| | MENU 2 MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|---|
|  <p>WEEK OF:</p> <p>Jan 6-10 Jan 27- 31 Feb 17-21 Mar 10-14 Mar 31-Apr 4 Apr 21-25 May 12-16</p> <p>Early Release Days are January 22nd, February 26th, March 26th, and April 30th Choice of Turkey Sub W/ Lettuce & Tomato PB&J with Veggies and fruit selection</p> | <p><u>ENTREE:</u></p> <p>BUFFALO CHICKEN WITH MAC & CHEESE</p> <p>MACARONI & CHEESE (V)</p> <p>BBQ CHICKEN PANINI</p> <p><u>DELI SELECTION</u></p> <p>SALAD BAR</p> <p>PB&J W/ CHEESE STICK (V)</p> <p>CRUNCHER BOX (PB)</p> <p><u>SIDES:</u></p> <p>MIXED VEGETABLES (PB)</p> <p>CARROT CRUNCHERS (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> | <p><u>ENTREE:</u></p> <p>BEEF NACHOS GRANDE (GF)</p> <p>CHEESE NACHOS GRANDE (V) (GF)</p> <p>TAMALES (V)</p> <p><u>DELI SELECTION</u></p> <p>ASSORTED SANDWICH BAR</p> <p>PROTEIN BENTO BOX</p> <p><u>SIDES:</u></p> <p>FIESTA CORN (PB)</p> <p>CHOPPED ROMAINE & TOMATO CUPS (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> | <p><u>ENTREE:</u></p> <p>MONTE CRISTO</p> <p>FRENCH TOAST BUNS WITH SEASONAL BERRY COMPOTE & VEGETARIAN SAUSAGE (V)</p> <p>ASSORTED PIZZA (VEGETARIAN OPTION WHEN AVAILABLE)</p> <p><u>DELI SELECTION</u></p> <p>SALAD BAR</p> <p>PB&J W/ CHEESE STICK (V)</p> <p>CRUNCHER BOX (PB)</p> <p><u>SIDES:</u></p> <p>CRISPY TATER TOTS (PB)</p> <p>APPLE SPINACH SALAD (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> | <p><u>ENTREE:</u></p> <p>FRIED RICE W/ASIAN CHICKEN CHUNKS</p> <p>VEGGIE FRIED W/ EDAMAME (V) (GF)</p> <p><u>DELI SELECTION</u></p> <p>ASSORTED SANDWICH BAR</p> <p>PROTEIN BENTO BOX</p> <p><u>SIDES:</u></p> <p>STEAMED BROCCOLI (PB)</p> <p>CARROT CRUNCHERS (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> | <p><u>ENTREE:</u></p> <p>BURGERS (HAMBURGERS, CHEESEBURGERS, VEGGIE)</p> <p>ASSORTED PIZZA (VEGETARIAN OPTION WHEN AVAILABLE)</p> <p><u>DELI SELECTION</u></p> <p>SALAD BAR</p> <p>PB&J W/ CHEESE STICK (V)</p> <p>CRUNCHER BOX (PB)</p> <p><u>SIDES:</u></p> <p>SAVORY BAKED BEANS (PB)</p> <p>CELERY TOMATO CUPS (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> |

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| | MENU 3 MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|---|
|  <p>WEEK OF:</p> <p>Jan 13 - 17 Feb 03 - 07 Feb 24 - 28 Mar 17-21 Apr 28-May 2 May 19-23</p> <p>Early Release Days are January 22nd, February 26th, March 26th, and April 30th Choice of Turkey Sub W/ Lettuce & Tomato PB&J with Veggies and fruit selection</p> | <p><u>ENTREE:</u></p> <p>BAKED POTATO BAR: WHITE OR SWEET POTATOES CHILI, CHICKEN, CHEESE SAUCE W/ WG ROLL</p> <p>CURRY CHICKPEA STUFFERS (SAMOSAS) (V)</p> <p><u>DELI SELECTION</u> SALAD BAR</p> <p>PB&J W/ CHEESE STICK (V)</p> <p>CRUNCHER BOX (PB)</p> <p><u>SIDES:</u></p> <p>STEAMED BROCCOLI (PB)</p> <p>CARROT CRUNCHERS (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> | <p><u>ENTREE:</u></p> <p>CHICKEN FAJITA RICE BOWL (GF)</p> <p>VEGETARIAN SOUTHWESTERN BOWL (PB)</p> <p>VEGGIE ENCHILADAS (V)</p> <p><u>DELI SELECTION</u> ASSORTED SANDWICH BAR</p> <p>PROTEIN BENTO BOX</p> <p><u>SIDES:</u></p> <p>CUMIN SCENTED BLACK BEANS (PB)</p> <p>CHOPPED ROMAINE & TOMATO CUPS (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> | <p><u>ENTREE:</u></p> <p>CHICKEN NUGGETS W/ CORNBREAD</p> <p>ASSORTED PIZZA (VEGETARIAN OPTION WHEN AVAILABLE)</p> <p><u>DELI SELECTION</u> SALAD BAR</p> <p>PB&J W/ CHEESE STICK (V)</p> <p>CRUNCHER BOX (PB)</p> <p><u>SIDES:</u></p> <p>GARLICKY GREEN BEANS (PB)</p> <p>CARROT CRUNCHERS (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> | <p><u>ENTREE:</u></p> <p>CHEESY HAMBURGER MAC (WG)</p> <p>TOASTED CAPRESE PANINI (V)</p> <p><u>DELI SELECTION</u> ASSORTED SANDWICH BAR</p> <p>PROTEIN BENTO BOX</p> <p><u>SIDES:</u></p> <p>MIXED VEGETABLES (PB)</p> <p>CELERY CARROT CUPS (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> | <p><u>ENTREE:</u></p> <p>CHICKEN PHILLY W/ PEPPERS & ONIONS</p> <p>ASSORTED PIZZA (VEGETARIAN OPTION WHEN AVAILABLE)</p> <p><u>DELI SELECTION</u> SALAD BAR</p> <p>PB&J W/ CHEESE STICK (V)</p> <p>CRUNCHER BOX (PB)</p> <p><u>SIDES:</u></p> <p>BUFFALO CAULIFLOWER (V)</p> <p>SIDE GARDEN SALAD (PB)</p> <p>ASSORTED FRUIT SELECTIONS</p> |

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